GENERAL VITAMIN CORP

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CERTIFIED MAIL Return Receipt Requested May 18, 2001 RECEIVED MAY 2 2 2001

Office of Nutritional Products, Labeling and Dietary Supplements HFS-800 Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

ProstateForm

Vitamin E (as d-alpha tocopheryl acetate) 200 IU Zinc (as zinc monomethionine) 30mg Prostyn (Proprietary phytosterol-rich 250ma Complex of Pygeum [prunus africanum bark] And Avena sativa germ extract) Amino Acid Triplex 150mg (Glycine [50mg], Alanine[50mg], Glutamine [50mal) Saw Palmetto (Serenoa repens fruit) 80mg (standardized 95%[76mg] fatty acids) Turmeric (Curcuma longa rhizome) 50ma (standardized 95%[47.5mg] curcumin) Pumpkin Seed Oil (Curcurbita maxima) 50mg (naturally rich in alpha-linolenic acid) Lycopene (Lycopersicon esculentum fruit 5mg Extract)

Other ingredients: Gelatin, glycerin, soy oil and water

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LaxaForm

World Algae Blend

100mg

Phenalgin™ (Cystoseira canariensis from Canary Islands), Spirulina (Hawaiian Spirulina Platensis), Chlorella (Bulgarian Chlorella vulgaris) (broken cell), Cryptomondales (Asian), Red Kelp (Norwegian Palmaria palmata), Brown Kelp (Norwegian Laminaria digitata), Ulva (Asian Ulva rigida & Ulva fasciata), Red Seaweed (Irish Lithothamnium calcarium), Dulse (Mediterranean Rhodymenia palmata), Rockweed (American Ascophyllum nodosum)

Cascara Sagrada (Rhamnus purshiana bark) **50mg** (standardized 25-30% [12.5-15mg]

hydroxyanthracene derivatives [HAD])

Passionflower (Passiflora incarnata flower) 50mg (standardized 3.5-4% [1.75-2mg] flavonoids)

Senna (Cassia senna leaf) 5mg

(standardized 5% [0.25mg] sennosides)
Other ingredients: Gelatin, glycerin, silica and water

The text of the statements that are being made in regards to the above stated products are

ProstateForm

-prostateform

listed below:

- -nutritionally support healthy prostate function
- -fortifying prostate health with optimal nutrition
- -safe, natural and advanced support for the prostate gland
- -biochemical support of the prostate
- -bolster prostate wellness
- -for optimal prostate health

Laxaform

- -laxaform
- -nutritionally support healthy bowel function
- -for regular functionality
- -help restore our natural rhythms
- -for safe, natural relief and consistent results
- -health-boosting
- -support healthy bowel function, quickly, gently and effectively

Sincerely,

GENERAL VITAMIN CORP.

Megan Joslin

Product Development Coordinator